

Grade 2 Physical Education Study Plan

Date: Friday, November 18, 2022

Place: Setagaya Elementary School attached to Tokyo Gakugei University

Subject: Grade 2, Class 3 (17 boys and 17 girls)

Classroom teacher: Kentaro Kubo

1 Unit name "Shooting Game" (lower grades: game area)

2 Unit Objectives

To know how to play the game and to be able to play a friendly game by simple ball handling and offensive and defensive movements. Knowledge and Skills

○To be able to devise simple rules, think of ways to attack, and communicate what they have thought to their friends. Thinking, judgment, expression, etc.

The children will be able to play sports willingly, follow the rules, get along with everyone, accept victory or defeat, and take care of the safety of the field and equipment. Ability to learn, human nature, etc.

3 About the Unit

(1) Understanding of games aimed at in this unit

A: "When there is no opponent player in front of you" is a shooting chance.

B: To create situation A

(1) When you have the ball, you need to move to "dodge" the opponent in front of you.

(2) When you do not have the ball, it is good to move where there is no opponent between you and the goal.

C: The ability to find a mate that meets the requirements of B②.

D: Switching between offense and defense in offensive and defensive games.

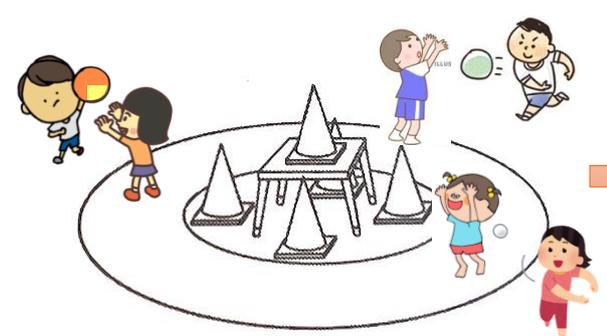
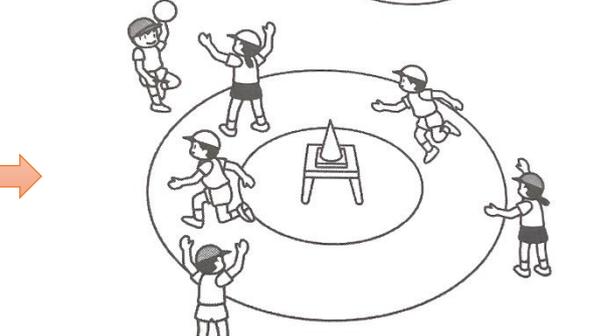
(2) Devising a unit to invite game understanding

(In order to invite the learners to understand the games shown in (1), the following steps were used to develop and expand the games. (In parentheses () is the knowledge about the game that each game encourages awareness of.

Game 1 (2 hours)	Game 2 (2 hours)	Game 3 (2 hours)	Game 4 (2 hours)
Each person has one ball and plays an offensive and defensive target game (A/B①)	Teams have one ball and play a game of target shooting (1 goal) with offense and defense (A/B)	Teams have one ball and play a shooting game (1 goal) with offense and defense (A/B①/B②/C)	Play a one-ball, two-goal offensive/defensive shootout game. (A/B①/B②/C/D)

(3) Game Modification

The games were modified so that learners in the early grades of elementary school (7 to 8 years old) could be encouraged to notice the contents of (1) above without difficulty. The modified games from Game 1 to Game 4 are as follows.

<div style="border: 2px dashed orange; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;">Game 1</p> <p>Tactical awareness to be encouraged</p> <p>A: "When there is no opponent player in front of you" is a shooting chance.</p> <p>B: In order to create the situation in A, the player must move to "dodge" the opponent in front of him when he has the ball.</p> </div> <div style="text-align: center; margin-bottom: 10px;">  </div> <p>Each attacker has one ball and hits the target. The defender may only move within the inner circle. The inner circle has a radius of 3 meters. Each game lasts about two minutes. After the end of the game, the offensive and defensive teams change.</p>	<div style="border: 2px dashed orange; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;">Game 2</p> <p>Tactical awareness to be encouraged</p> <p>In addition to A</p> <p>B: (1) In order to create the situation in A, the player must move to "dodge" the opponent in front of him when he has the ball. (2) When you do not have the ball, move where <u>there is no opponent between you</u></p> </div> <div style="text-align: center; margin-bottom: 10px;">  </div> <p>○The attacker has one ball per team. The defender may only move within the inner circle. The radius of the inner circle is 3 meters. ○About 2 minutes per game. Change of offense and defense when finished.</p>
<p style="text-align: center;">Game 3</p> <div style="border: 2px dashed orange; padding: 5px; margin-bottom: 10px;"> <p>Tactical awareness to be encouraged</p> <p>In addition to A and B</p> <p>C: The ability to find a mate that meets the requirements of B②.</p> </div> <div style="text-align: center; margin-bottom: 10px;">  </div>	<p style="text-align: center;">Game 4</p> <div style="border: 2px dashed orange; padding: 5px; margin-bottom: 10px;"> <p>Tactical awareness to be encouraged</p> <p>In addition to A, B, and C</p> <p>D: Switching between offense and defense in offensive and defensive type games.</p> </div> <div style="text-align: center; margin-bottom: 10px;">  </div>

<p>Change the goal of Game 3 from a target to a basket (to encourage shooting in space).</p>	<p>Prepare two goals for Game 3, and make it an offensive and defensive game.</p>
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4 Instruction for this period (5th of 8 hours)

(1) Goals of the period

A: When you do not have the ball, be able to move where there is no opponent between you and the goal.

B: Ensure that you can find a mate who meets the above criteria.

C: When you are unable to shoot, you should be able to pass the ball to a fellow player who meets the conditions of B.

D: Be willing to engage in a shooting game, follow the rules and get along well with everyone, accept winning and losing, and be mindful of the safety of the field and equipment.

(2) Development of this time

○ Major learning activities	☆ Guidance notes
<p>Confirm the aim of the session and how the game will be played.</p> <p>Create two teams of six members per team, one for the first half of the season and one for the second half.</p> <p>Confirm the "shooting chance" learned in the previous session.</p> <p>○○ Play the first game (Game 3)</p>	<p>☆ We want children to be able to learn and enjoy sports "anytime, anywhere, with anyone". For this reason, we will change the teams every hour, rather than having fixed teams, so that the children can improve with the friends they meet. In addition, we do not want children to have a fixed view of their abilities as "good at something" or "not so good. Therefore, teams are formed at random.</p> <p>☆ Find children who are creating "shooting chances" and children who are noticing and moving in situations that lead to "shooting chances" and give them positive feedback.</p>

<p>○ Group thinking about the question. "Where should I move to get a pass on a shooting chance?"</p> <p>○○ Play the game for the second time</p> <p>Summarize the study and have an outlook for the next period.</p>	<p>☆ Initiating questions to encourage awareness of "movement without the ball," and when "shooting chances cannot be created when the ball is in the hands of the player," having the player have the option of finding a fellow player "in a place that leads to a shooting chance" and passing the ball to that player.</p> <p>☆ Provide positive feedback to the child who is in the "place that leads to a shooting chance" and remind the child with the ball that he/she has the option of passing to that child.</p>
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