



# TGfU 40th Anniversary Webinar Series: Introduction to Games- Based Approaches

Seminar #1: Overview of  
the 5 Critical Components  
of GBAs

September 10<sup>th</sup>, 2022



WELCOME

*dobrodošli*

HELLO

ДОБРО  
ПОЖАЛОВАТЬ!

HI

*benvenuti*

BIENVENUE

chao

WITAJCIE

*aloha*

Hi

welcome

WELCOME

Willkommen

ALOHA

CHAO

VÄLKOMMEN

*привет*

GO



# Outline

- Introduction
  - Teaching Games for Understanding (TGfU) International Advisory Board (IAB)
  - Overview of the Webinar Series
- Seminar #1
  - Overview of Games-Based Approaches (GBAs)
  - Five key components of GBAs

# Introductions

## Teaching Games for Understanding (TGfU) - International Advisory Board (IAB)

<http://www.tgfu.info/iab.html>

 **International Advisory Board (IAB) Members**

Click on the countries' flags to find out who the IAB member is and what's happening in that country.



# Today's Presenters from IAB



**Jennie Petersen  
(Canada)**



**Naoki Suzuki  
(Japan)**



**Sanmuga  
Nathan  
(Malaysia)**



**Francesco Sgrò  
(Italy)**



**Guy Ginciene (Brazil)**



**David Gutiérrez  
(Spain)**



**Kanae Haneishi (USA)**

# TGfU SIG 40th Anniversary Webinar Series “Introduction to Game-Based Approaches”

- Intended for Physical Education teachers and Sport Coaches who are new to Game-Based Approaches (GBAs)
  - Goal is to introduce about the basic pedagogical strategies and principles of GBAs.
  - Seminar #1 - September 10th, 2022
  - Seminar #2 - September 24th, 2022
  - Seminar #3 - October 8, 2022
  - Seminar #4 - October 22, 2022
- \*\* All sessions are at 9:00pm in UK time, 4:00pm EST

# Session #1 - Overview of GBAs

- Consensus Statement
- What is a GBA?
- 5 Critical Components of GBAs
  1. Tactical Concepts/  
Problems
  2. Games Modifications
  3. Using Questions and  
Reflection
  4. Authentic Game Play and  
Assessment
  5. Lesson Planning

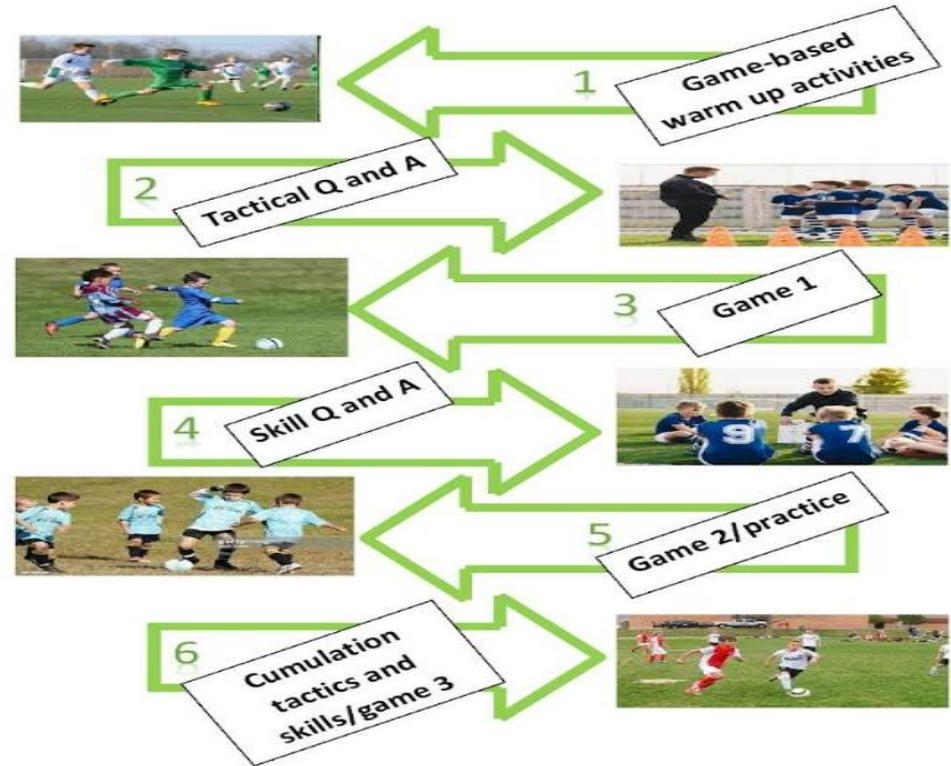
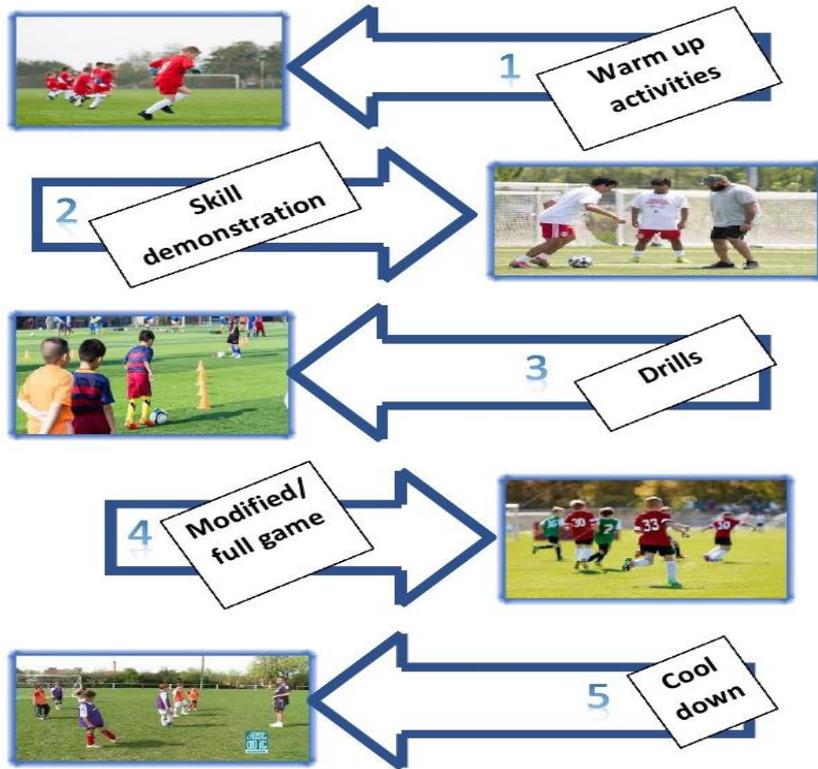


# TGfU IAB - Consensus Statement

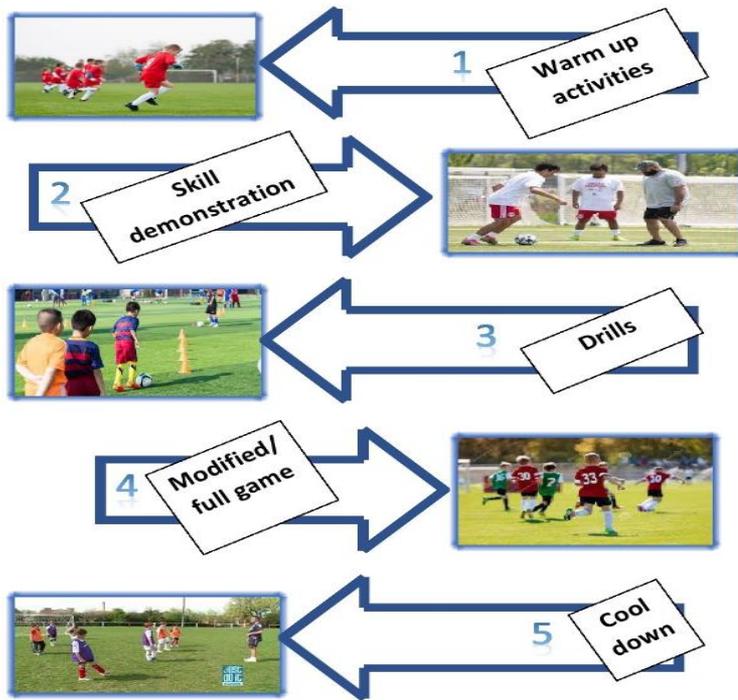
*In order to promote terminological consistency among researchers and practitioners, we suggest the use of Game-Based Approach (GBA) to refer to the learner-centered teaching and coaching practice in which the modified games set the base and framework for developing thoughtful, creative, intelligent, and skilful players.*

*We also encourage the use of Game-Based Approaches (GBAs) to refer to several well-established approaches that follow a GBA like TGfU, Game Sense, Play Practice, Tactical Games Model, Ballschool, Invasion Games Competence Model and other similar proposals.*

# Schematic: Technical/ Skill-Based vs. Games-Based Approaches



# Traditional/ Skill-Based Approaches

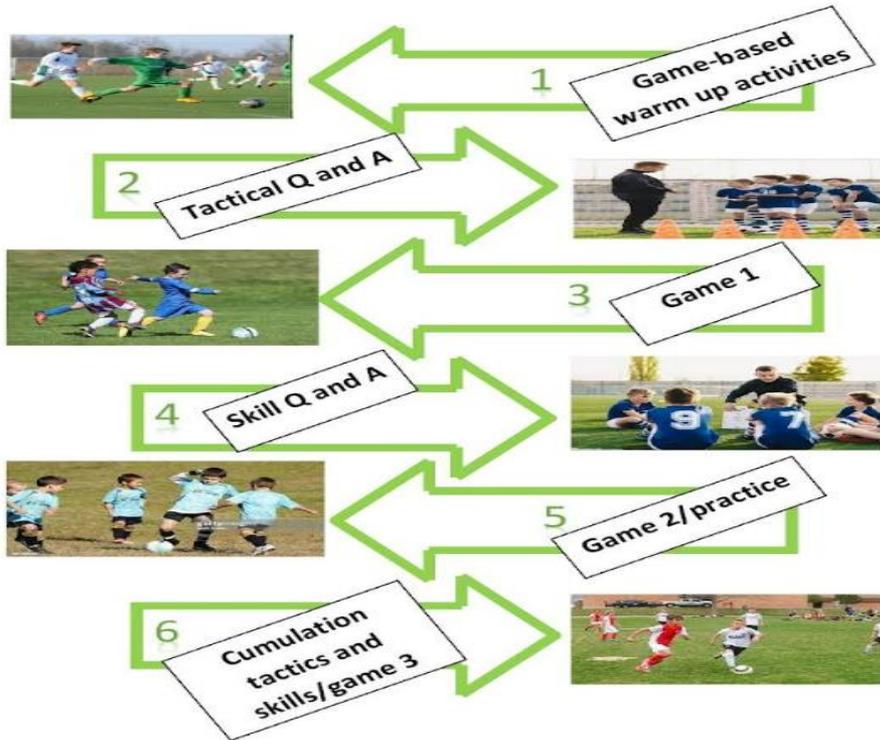


- The activities format: warm up, skill development, modified game and then the game.
- The underpinning philosophy of this model is that once the fundamental skills and sports specific skills are mastered, the ability to play the games will be an osmotic-like process.
- Students or players will be able to play the game by applying the skills practiced in the lesson.
- Assessment procedures tend to be based on skill, measuring a student's ability to perform a skill in isolation and not on their actual ability to play the game.
- Traditional approaches tend to be teacher-centered.

# Continuation: Technical or Skill-Based Approaches

- In this approach, the teacher generally makes all decisions to move from demonstration, to one drill, to another drill.
- The traditional approach can create a separation between technique and tactical knowledge, leading to a disconnect between practice and game play where players are not able to execute game situations.
- Criticized and considered as outdated.
- However, this method is still used by many physical education (PE) teachers globally as they have been unsuccessful with other models or find them time consuming.
- This approach is still useful for skill development.

# Games-Based Approach (GBA) Characteristics



- Students will begin by playing a modified version of the game.
- Students will go through tactical and skill activity.
- Once completing game play, hopefully they demonstrate improved tactical and skill execution.
- This approach is more enjoyable.
- GBAs, such as TGfU, contextualize learning within game-like activities (Light, 2004).
- Role of teacher or coach as facilitator and using questioning to promote opportunities for player discussion and reflection.
- However, the biggest problem is planning, if not well planned, the lesson can lack of direction.

# GBA Key Aspects

Would you recognize a GBA if you saw it?



# GBA Key Aspects

Would you recognize a GBA if you saw it?

1. Start with modified games
  2. Observe game play effectively
  3. Emphasize play
  4. Use Q&A to connect this lesson with the last
  5. Play games that provide new challenges as well as reinforcing learning
  6. Work in small groups
  7. Ask effective questions
  8. Ask learners to suggest next stages
  9. Highlight good practice from individuals and teams
  10. Conclude with competition between evenly matched teams/players
- (Butler, 2014)



# 5 Critical Components of GBAs



1. Tactical Concepts/Problems
2. Games Modifications
3. Using Questions and Reflection
4. Authentic Game Play and Assessment
5. Lesson Planning

# Topic 1: Tactical Concepts and Problems



A

UNDERSTANDING  
AND GROUPING  
SPORTS GAMES  
ACCORDING TO  
TACTICAL  
PROBLEMS

Games present problems of What to do? And When to do? And not just how is done.  
(Bunker & Thorpe, 1982)

Games within the same category have **common tactical elements and employ similar strategies** to achieve similar goals  
(Almond, 1986)

# Topic 1: Tactical Concepts and Problems



A

UNDERSTANDING  
AND GROUPING  
SPORTS GAMES  
ACCORDING TO  
TACTICAL  
PROBLEMS

Target	Striking/Fielding	Net/Wall	Territorial (Invasion)
Archery Pool Snooker Billiards Bowling Croquet Curling	Softball Baseball Pesäpallo Kickball Rounders Cricket Danish longball	<b>Net:</b> Badminton Pickleball Table tennis Tennis Volleyball <b>Wall:</b> Racquetball Squash <b>Net and Wall:</b> Padel	<b>Goal:</b> Football Handball (team) Hockey (Field, floor, ice) Water polo Lacrosse Netball Basketball <b>Endzone:</b> Ultimate Frisbee Rugby

# Topic 1: Tactical Concepts and Problems



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# Topic 1: Tactical Concepts and Problems

## Invasion Games Tactical Problems

TACTICAL PROBLEMS	
OFFENSE	DEFENSE
Keeping possession Progressing to the goal Scoring	Winning the ball Defending space Defending the goal



# Topic 1: Tactical Concepts and Problems

## Invasion Games Tactical Problems

TACTICAL PROBLEMS	
OFFENSE	DEFENSE
Keeping possession	Winning the ball
Progressing to the goal	Defending space
Scoring	Defending the goal



# Topic 1: Tactical Concepts and Problems

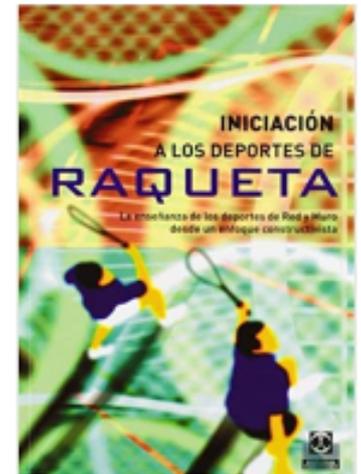
## Invasion Games Tactical Problems

TACTICAL PROBLEMS	
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# Topic 1: Tactical Concepts and Problems

## Net and Wall Tactical Problems



David Gutiérrez UCLM [David.gutierrez@uclm.es](mailto:David.gutierrez@uclm.es) 2022

# Topic 1: Tactical Concepts and Problems

## Net and Wall Tactical Problems

### OFFENSE

KEEP THE BALL IN  
PLAY

KEEP THE  
INITIATIVE

GET THE  
POINT



### DEFENSE

KEEP THE BALL IN  
PLAY

RECOVER THE  
INITIATIVE

PREVENT THE  
POINT

David Gutiérrez UCLM [David.gutierrez@uclm.es](mailto:David.gutierrez@uclm.es) 2022

# Topic 2: Games Modifications

Modify to:

- 1) Make it playable (**game representation**)
- 1) Teaching focus/purpose (**game exaggeration**)

5 ways to modify games

- Rules
- Number of players
- Playing area
- Equipment
- Scoring

# Topic 2: Games Modifications

## Make it playable (game representation)



**SMALLER AND SOFTER BALL**

**SMALLER COURT**

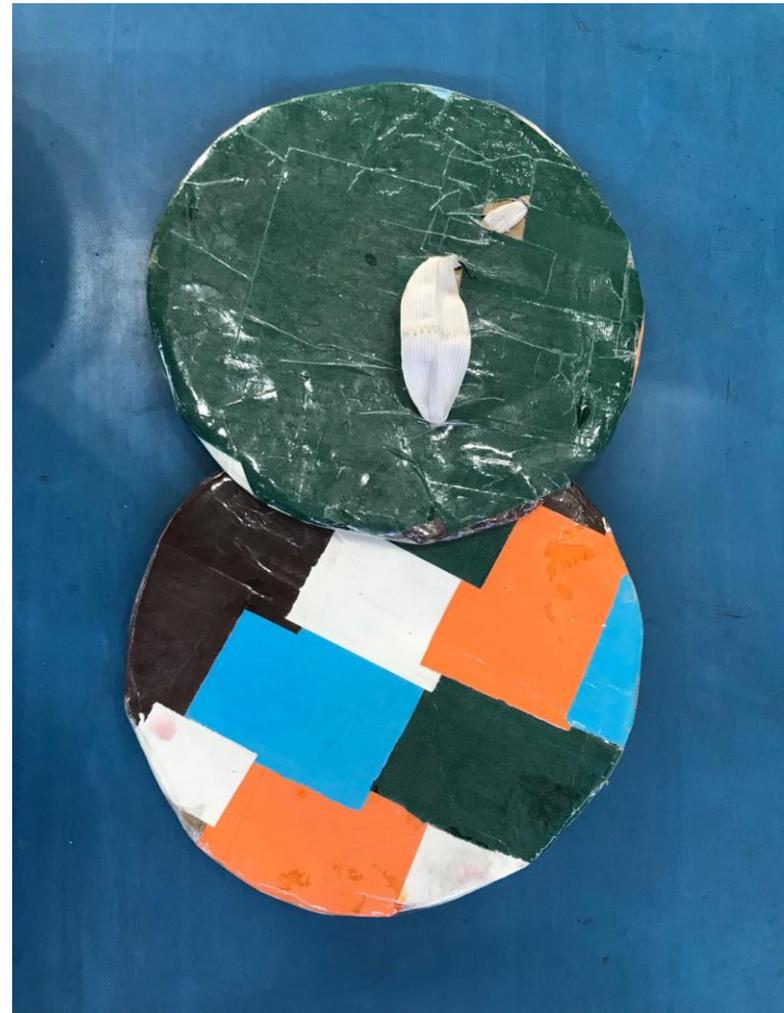
**LESS RULES**

**CHANGE RACQUETS**



# Topic 2: Games Modifications

Make it playable (game representation)



# Topic 2: Games Modifications

Make it playable (game representation)



# Topic 2: Games Modifications

Teaching focus/purpose (exaggeration)



# Topic 3: Question and Reflection

- GBA uses “Questioning” technique to guide students to solve tactical problems rather than providing them answers.
- The cognitive process that you are guiding the students on are very important not only for gaining knowledge but also for improving the performance.



# Topic 3: Questioning as Teaching

Tactical awareness: “what do you...?”

Skill and movement execution: “How do you...?”

Time: “When is the best time to ...?”

Space: “Where is ...?”

Risk: “Which is the best choice between...?”

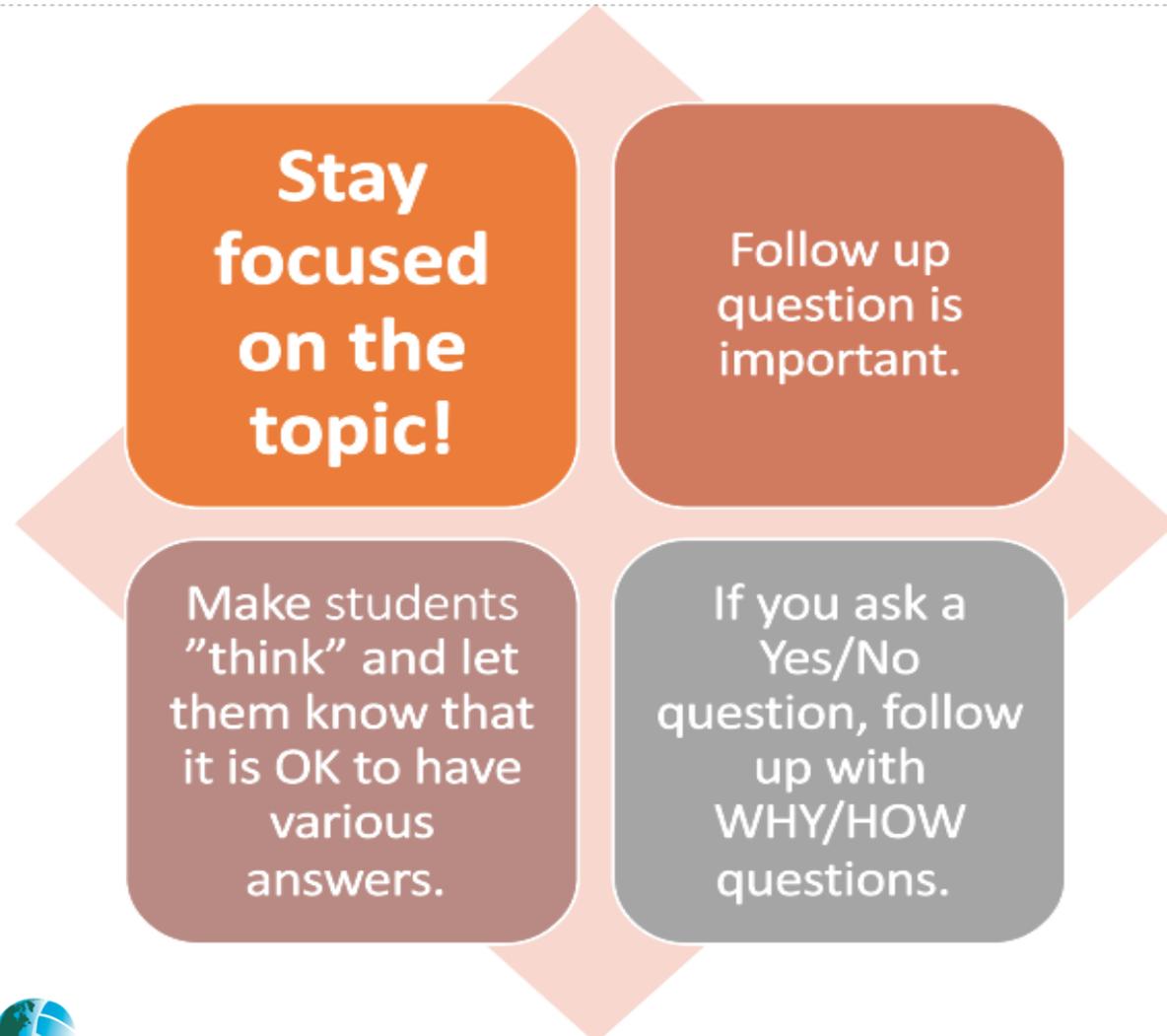
# Topic 3: Questioning - Example of Volleyball 3 v 3 Game

- Teacher: “What did you do to contain the ball on your side of the net? (tactical awareness)”
- Student: “Hit the ball high”.
- Teacher: “Where would be the best place to pass the ball?” (space)
- Student: “The middle of the court”.
- Teacher: “How did you hit the ball to keep control?” (skill selection and execution)
- Student: “We used our hands (overhead pass) or bumped it using our forearms (forearm pass)”

***Problem-Solving Skills***

# Topic 3: Asking Effective Questions

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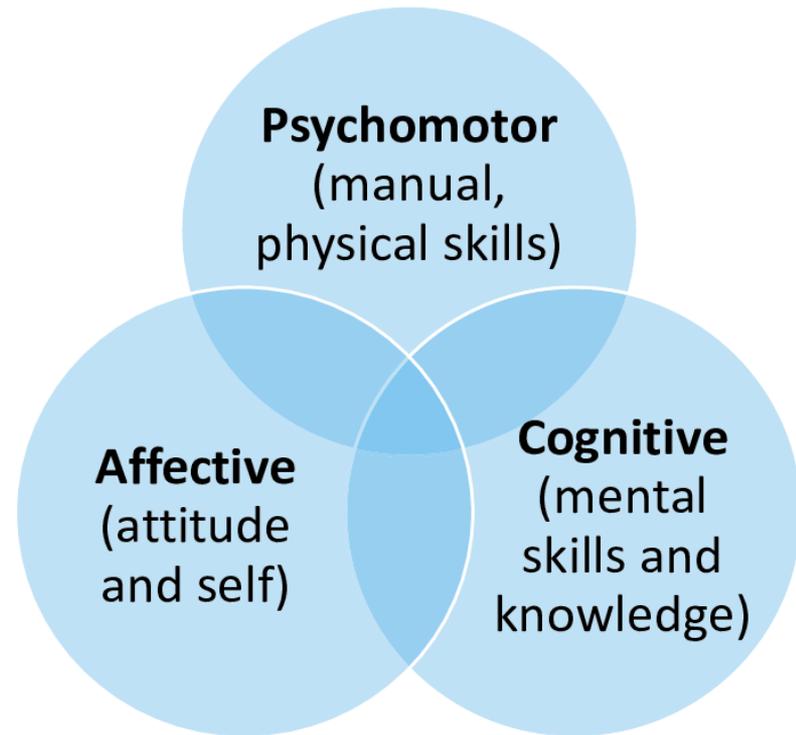
# Topic 4: Authentic game play assessment

When using GBAs, assessment needs to:

- 1) assess gameplay skills within the game's context;
- 2) assess tactical awareness;
- 3) account for the social dimension of the game.

# Topic 4: Assessing learning outcomes related to GBAs

When using GBAs, the assessment of learning outcomes is related to all three of Bloom's dimensions

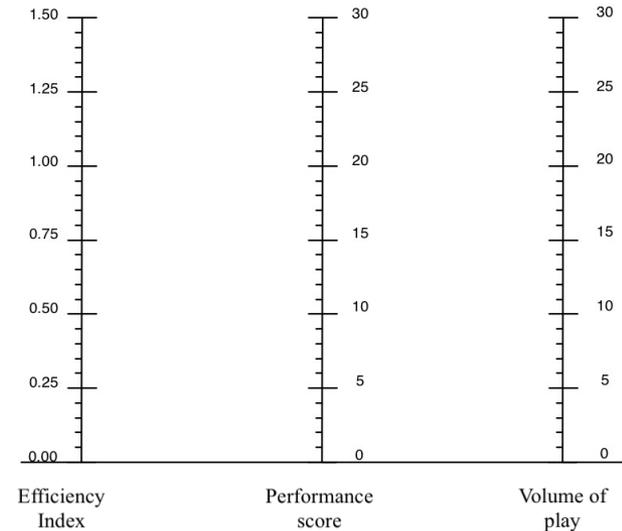


# Topic 4: Assessing psychomotor learning outcomes

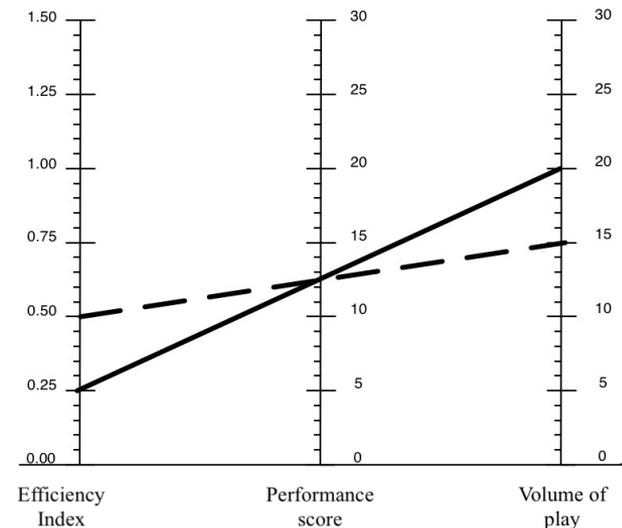
- Team Sport Assessment Procedure (TSAP)

- 1) Assess on-the-ball skills
- 2) Two game play indexes:  
**Volume of Play** and  
**Efficiency index**
- 3) One overall performance index: **Performance Score**

(a) Empty normograph



(b) Normograph with two performances of the same basketball player



# Topic 4: Assessing psychomotor learning outcomes

- **Game Performance Assessment Instrument (GPAI)**
  - 1) Assess on-the-ball skills and off-the-ball movement
  - 2) Seven game play components for assessing scoring (3) and preventing (4) performances
  - 3) Two overall performance indexes: Game Involvement and Game Performance.
  - 4) Two application's approach:
    - 1) 1-5 system
    - 2) Tally system

# Topic 4: Assessing cognitive learning outcomes

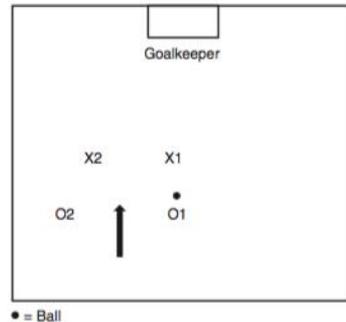
## Invasion Game Scenario 1

Solving the Tactical Problem: Attacking the Goal (or Basket)

Name \_\_\_\_\_ Date \_\_\_\_\_

### Situation

This is a 2v2 situation in an invasion game such as soccer, team handball, or basketball. Team O is on offense and team X is on defense. You are player O1 with the ball. How can you and your teammate (O2) work together to beat the defenders on team X and attack the goal? Try to think of two different ways. Explain what you would do, and draw lines on the figure to show what you would do.



1. Player O1 can dribble at and attempt to beat defender X1. After getting around defender X1, player O1 can attack the goal to shoot.
2. Player O2 can run forward and behind defender X2. While this is happening, player O1 can send a pass between the two defenders so that player O2 can move onto the ball, receive the pass, and attack the goal without slowing down (i.e., a lead pass).

## Questionnaires for

- a) Declarative Tactical Knowledge
- b) Procedural Tactical Knowledge

# Topic 4: Assessing affective learning outcomes

- Affective domain assessments are related to:
- SportsManship,
- Sports Citizenship
- Enjoyment
- Perceived Competence

# Topic 5: Lesson plan

- **What do GBA lesson/practice plan actually look like?**
- **What components should you include in your plan?**
- **How can you modify your lesson/practice plan based on your teaching/coaching situation?**

# Topic 5: Components of GBA Lesson Plan

- Name of the game
- Tactical focus
- Lesson focus (i.e., tactical focus)
- Objective (including tactical objective)
- Game 1: 1) Set up, 2) Goal, 3) Conditions and 4) Questions
- Practice task
  - Cues
- Game 2
- Closure



**Questions?**



# Thank you for listening!

**Next Seminar: Sept 24th!**